

# Archery Resume 2009



**Archer:** Nico Benade  
**Nationality:** South African  
**Born:** 13/02/1960  
**Number of years shooting:** 11  
**Qualifications:** B.Eng (Civil), M.Eng (Civil) & Phd (Civil)  
**Sponsors:** Mathews, Zero Custom Bowstrings  
**Division:** Compound  
**Type of archery that I'm active in:** FITA, IFAA field, Indoor and bow hunting  
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## Background

I have been a competitive archer for more than 10 years focusing on FITA, Field and Indoor archery. I am currently one of South Africa's top archers in FITA, Field and Indoor with numerous titles, awards and records behind my name. I am a member of the South African FITA Gold Squad and my current FITA weighted score is 1390. I was the first archer in Africa to break the 550 mark in Field archery. I am currently the only archer in Africa that has broken the 1400 mark in FITA.

## International titles

**African Field Archery 2005:** Champion  
**World Field Archery 2008:** Champion

## Best achievements

**Current SA record:** SANIFA Field (Field round, 552/560)  
**Current SA record:** FITA single 50m (354/360)  
**Current SA record:** FITA double 50m (699/720)  
**Current SA record:** FITA double 70m (698/720)

<b>Current SA record:</b>	FITA round (1405/1440)
<b>World Field Archery USA 2004:</b>	8th place
<b>African Field Archery 2005:</b>	Champion
<b>World Field Archery Australia 2006:</b>	8th place
<b>World Field Archery 2008 Namibia:</b>	Champion
<b>FITA Field Nationals 2008:</b>	Champion
<b>Best Field hunter round:</b>	551/560
<b>Best Indoor:</b>	300 (56 X's)

## Personal best FITA scores:

<b>90m</b>	340/360
<b>70m</b>	352/360
<b>50m</b>	354/360
<b>30m</b>	360/360 (18X's)
<b>FITA</b>	1405/1440

## Current equipment

<b>Bow:</b>	Mathews Apex 7 (29")
<b>Arrows:</b>	Easton X10 ProTour (470)
<b>Stabilizer:</b>	Vibracheck
<b>Arrow rest:</b>	Trophy taker, spring steel
<b>Release aid:</b>	Carter Quickie
<b>Sight:</b>	CBE Quad light with a Sure-Loc 0.7 Black Eagle scope

## Goals

I would like to be a competitive archer for as long as possible and help to grow the sport in South Africa. I am working for a spot in the SA National team to compete in the FITA world championships in 2009. I am training hard to shoot effortlessly above 550 in Field and breaking a world record in FITA. The 60 club at 90m still eludes me, but I am working on it.

